

**Summer 1 Day Kit List**

<p>Wearing</p> <p>Sunglasses          Hat          T shirt / shirt          Shorts / trousers          Socks          2 goretex season boots</p>	<p>Daypack</p> <p>Shell jacket          First Aid kit          2 Litres water          Gloves          Spare socks          Bivvie bag          Spare batteries          Choccy/Food/Sweets          Head torch          Duvet jacket</p>	<p>On person</p> <p>Gerber          Cylumes          Whistle          Map          Compass          Camera</p>
<p>Car</p> <p>T Shirt          Trouser          Flip flops</p> <p>Water          Tapes          Red Bull          Wash Kit          Towel</p>		